

Rob Frost

Rob Frost of Bloomingburg, Ohio has been registering Suffolks since 1966 when his father encouraged him to purchase the E.R. Cowman flock from Greenfield, Ohio.

Rob mentions that the most influential sheep people in his life include Larry Mead, Bill Heggemeier and Roger Nichols. The most impactful sire to his flock is RDN Paramount.

Through the years Rob has exhibited numerous Champions including 1973 Ch. Ram Ohio State Fair, 1975 Res. Champ Ewe Ohio State Fair, 1979 Res. Champ Ewe Louisville, 1980 Res. Champ Ram Midwest Sale, 1981 Res. Champ Ram Midwest Sale, 1982 Ch. Ram Ohio State Fair, 1985 Ch. Ram Ohio State Fair, 1986 Ch. Ram top of Rockies Sale, 1988 Ch. Ram Top of Rockies Sale, 1989 Ch Ram Reno Sale, 2013 Supreme Ch. Ram Ohio State Fair junior Show and 2014 Ch. Ram Ohio State Fair Junior Show.

His flock today currently consists of 40 registered Suffolk ewes. He strives to raise productive sheep that achieve success commercially as well as the show ring. His markets include the commercial sheep producer, market lambs and purebred breeding stock.

Rob has promoted his Suffolks through show ring and sale success, the Sheep Breeder Magazine and The Banner Sheep Magazine.

Rob met his wife, Lisa, when her father hired him to judge their county fair. Rob and wife Lisa have three daughters, who have all shown Suffolks His favorite memory was seeing daughter, Jennifer, win Supreme Champion Ram at the Junior Show at the Ohio State Fair.